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EMU Today, September 25, 2012

Eastern Michigan University

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Tuesday, September 25, 2012

SPECIAL NOTICES:

HOMEcomings DONUT DROP DEADLINE SEPT. 26: Kick off homecoming week by ordering donuts for your office or department. Alumni staff and volunteers will deliver the donuts right to your office **Monday, Oct. 1**, beginning around 9 a.m. Quantities are limited so all orders must be received by Wednesday, September 26. Provide your name, phone number, office name, office location and number of staff members. A person must be in the office to receive the delivery. To order, e-mail Lisa McClees at lmcclees@emich.edu. **Please make sure that only one person per department places the order.** Homecoming Donut Drop is sponsored by the Office for Alumni Relations.

VOLUNTEERS AND COLLEGE WORK/STUDY EMPLOYEES NEEDED: The EMU Upward Bound Program seeks highly-motivated and caring volunteers or College Work/Study employees to assist local high school students with studying, motivation and college preparation. Upward Bound has existed at EMU since 1967 serving participants from nearby Willow Run and Ypsilanti High Schools. Volunteers are needed to work directly with students during "College Club", our after-school study program, from 2:45 p.m. - 4:30 p.m. either Mondays & Wednesdays (Ypsilanti HS), or Tuesdays & Thursdays (Willow Run HS). Transportation is provided from EMU to the schools and back.

Students are also needed to assist the staff who work with high school juniors and seniors in the college & scholarship application process. These sessions take place twice each month on Saturday mornings from 10 a.m. - 12 p.m., on the EMU campus.

For more information, please contact Mark Jackson at mark.jackson@emich.edu or stop by the Upward Bound office in 201 Boone Hall. You can also read more about EMU Upward Bound at www.emich.edu/upwardbound.

WOMEN OF COLOR SUPPORT GROUP: The Women of Color (WOC) support group for currently enrolled EMU Students will meet **today, Sept. 25**, 12 p.m. in the KIVA room of the Student Center. Topics will include: loneliness, sadness, racism, anxiety, low self-esteem, academic issues, family difficulties, relationship issues, health problems, sexism and any other concerns. Group sessions are free and confidential. The support group meetings will be held every Tuesday. Call CAPS at 487-1118 to set up a pre-group meeting. Groups are facilitated by Monica Thiagarajan. The Center for Multicultural Affairs and Counseling and Psychological Services (CAPS) are sponsors.

DEPARTMENT DIRECTORY UPDATES: If your Department Directory listing is not accurate, please send the updated information to: dept_directory@emich.edu. For questions, contact Debra Burke at 487-6895 or by e-mail at dburke15@emich.edu. Please note that personal directory listings are populated by Banner and you will need to contact Academic HR or Staff HR to update personal listings.

POST EVENTS TO CALENDAR ON EMU WEBSITE: Would you like to post an event or happening around campus? Integrated Content has development a new application for posting events to the university-wide events calendar. The new "template" is easy to use and gives any user with a My.emich username and password the ability to submit and manage an event. All events are subject to approval. To submit an event, go to the EMU website, click on "calendars," click the green button labeled "Submit an Event" (located on the bottom left) and enter your event information. If you need help or have questions, please contact Darcy Gifford at dgiffor2@emich.edu or Debra Johnson at djohn144@emich.edu.

SUBMISSIONS TO EMU TODAY: To submit an announcement or post an event to **EMU TODAY**, please forward your entry electronically to emu_today@emich.edu. Please be sure to format your entry using the EMU TODAY style and include a contact name, phone number and/or an e-mail address. For questions, contact Debra Johnson at 487-2484.

NOTE: Asterisk denote new items.

Lectures and Meetings

METLIFE PLANSMART FINANCIAL EDUCATION SERIES: EMU Benefits Office is pleased to offer the MetLife PlanSmart Financial Education Series - *Understanding Life Insurance*, scheduled for **Wednesday, Sept. 26**, 12-1 p.m., HR Training Suite. At this workshop, you will learn about factors to consider in determining how much life insurance you need and about different types of life insurance options. For details about each session or to register, please visit www.MetLifePlanSmart.com or call 1-866-801-3547. If you are prompted to enter your employer's name, please enter it as shown here: **EMU**. For questions regarding the course scheduling, please contact Chontae Sylvertooth at 487-1052. For questions regarding the course content please contact MetLife at the number above.

CONVERSATION ON MICHIGAN'S PRE-K-12 EDUCATION SYSTEM AND

STUDENT LEARNING: Come learn more about many of the key issues and choices related to education which impact students within our community, **Wednesday, September 26, 5:30 - 7:30 p.m.**, 300 A/D Porter Building. Share success stories about what's working in our local schools to improve student learning. This conversation will be one of more than 250 statewide structured dialogues taking place in 2012. Altogether, the participants will include more than 5,000 local leaders and engaged citizens, including students, parents, job providers, and educators. Please **RSVP** to the Office of Urban, Community, and International Outreach, 104 Porter Building by calling 487-1060. The event is sponsored by the Center for Michigan (www.thecenterformichigan.net).

DISSERTATION ORAL DEFENSE: Tamara Perry, from the Psychology Department, will defend her dissertation, "*The Effects of Response Interruption and Redirection on Language Skills in Children with Vocal Stereotype*," **Friday, October 5, 9 a.m.**, Room 327, Mark Jefferson Science Complex.

Seminars and Workshops

FACULTY DEVELOPMENT CENTER EVENTS: Below are some of the upcoming events offered by the FDC. For a complete list of all FDC events, go to [Upcoming FDC Events](#). Please contact Kelly Frisch at 487-0020, ext. 2112 or email at aavp_fdc@emich.edu for additional information.

- **JAM SESSION - Tuesday, October 2, 12:30 - 2 p.m.**, 109 Hall (FDC). Sponsored by the New York Times Readership Program, this session "NY Times Classroom" will be a informal discussion where one facilitator will start off on a topic of general or current interest and then let the conversation go. It's a time for faculty/lecturers to meet people from other units, have a chance to think widely and critically with no "learning outcomes" beyond collegiality and maybe a couple fresh ideas. The NYT Readership will provide lunch.
- **SPSS I and SPSS II FALL WORKSHOPS** - Please join Professor Joe Scazzero for two hands-on training sessions for the statistical software SPSS. Check the [Upcoming FDS Events](#) page for the dates, times and registration.

* **RETIREWISE SERIES:** The RetireWise Series is a complimentary retirement education opportunity provided by Eastern Michigan University. It offers the tools you need to clarify your

goals and take action. There will be 4 Modules offered in this program. All sessions will be 12 p.m. - 2 p.m., in the HR Training Room 100 McKenny. Please see each session for dates.

- **Module 1: Building the Foundation** - 10/3/2012
- **Module 2: Creating and Protecting Wealth** - 10/10/2012
- **Module 3: Establishing Your Retirement Income Stream** - 10/17/2012
- **Module 4: Making the Most of What You** - 10/24/2012

For registration visit www.metlifeplansmart.com, Enter "EMU" or call [1-866-801-3547](tel:1-866-801-3547)

* WELL-BEING EDUCATIONAL SERIES FOR FACULTY & STAFF: Eastern Michigan University Benefits Office is pleased to offer the Ceridian Emotional Well-Being Education Series. Join us for the following Lunch & Learn sessions which are currently available for registration. Please call the Benefits Office at 487-3195 to register for one or all of the sessions.

Emotional well-being is just as important as your physical, financial, and mental well-being. Being emotionally stable includes being able to withstand minor setbacks, failures, difficulties, and other stresses without becoming upset emotionally. Emotional stability consists of being able to understand, tolerate and overcome obstacles such as anxiety, stress and depression. Depressive disorders affect approximately 18.8 million American adults or about 9.5% of the U.S. population age 18 or older in a given year. This includes major depressive disorders, dysthymic disorder, and bipolar disorder.

Silencing the Inner Critic: Building Self-Esteem, Tuesday, November 6, 12 - 1 p.m., HR Training Suite (100 McKenny).

Many people are their own toughest critic. But being too hard on yourself can be damaging to your self-esteem. This seminar offers strategies for tempering the messages that your inner critic gives you. As a participant in this seminar, you will be able to:

- Define & identify sources of adult self-esteem
- Make the connection between irrational thinking and low self-esteem
- Learn how to interpret comments of your inner critic
- Learn strategies for controlling the critic and enhancing self-esteem
- Create a personal plan for developing positive self-esteem

Understanding the Difference Between Depression and the "Blues," Thursday, November 15, 12 - 1 p.m., HR Training Suite (100 McKenny)

Everyone feels a little down from time to time, especially when dealing with tough life events. But there's a difference between feeling "blue" or "down in the dumps" and experiencing a clinical depressive disorder. If the sad feelings continue for a prolonged period of time and interfere with enjoyment of life, it could be depression. Participants will learn to:

- Recognize the myths about depression
- Clarify the difference between depressive disorders and the "blues"
- Define depression and the various types
- Identify the symptoms, causes, evaluation components, and treatments for depression
- Learn ways to cope with depression and support a family member or friend who is depressed

Activities and Events

GOLF OUTING HONORING GREG O'DELL: Eastern Michigan University will host a golf outing honoring the late Greg O'Dell, former Chief of Police at EMU. The outing is scheduled for **Friday, September 28**, at Eagle Crest Golf Club in Ypsilanti. The cost is \$125 per golfer or \$50 for the dinner only portion. A schedule of the day's events is below:

- | | |
|------------|---|
| 8:00 a.m. | Registration |
| 9:15 a.m. | Free clinic with golf pro Craig Piscopink |
| 10:00 a.m. | Shotgun start |
| 12:00 p.m. | Lunch on the course |
| 3:00 p.m. | Dinner and silent auction |

Proceeds from the golf outing will help fund the Greg O'Dell Criminal Justice Student Scholarship, established for students who are pursuing a career in criminal justice. To register for the golf outing or to make a donation, please go to the [Greg O'Dell Golf Outing](#) website. Eagle Crest Golf Club is located at 1275 S. Huron Street, Ypsilanti, MI.

BLUE CROSS BLUE SHIELD AND BLUE CARE NETWORK PRE-ENROLLMENT Q&A SESSION:

A Pre-Enrollment Q&A education session is scheduled with Blue Cross Blue Shield and Blue Care Network on **Friday, September 28**, 11 a.m. to 1 p.m., in the Regents board room in Welch Hall for employees classified as Administrative Professional, Administrative Hourly, Athletics Coaches, Campus Police, and Confidential Clerical. **Open enrollment for these new health care options will take place this fall.** The changes do not apply to employees represented by certain EMU unions. If you have any questions, please feel free to contact the benefits office at 487-3195.

ANNUAL EMU GERMAN-AMERICAN DAY: All are welcome to attend the 8th Annual EMU German-American Day, **Monday, October 1**. This year's theme: "Celebrating 200 Years of the Brothers' Grimm Fairy Tales and American Adaptions." In 1812, the famous first volume of the "Kinder-und Hausmaerchn" were published. The program is from 4 - 6 p.m. in the Student Center Auditorium, with an authentic German dinner following from 6:15 - 7:30 p.m. in the Student Center Ballroom Please RSVP to reserve seat, by Thursday, September 20, to mzinggele@emich.edu.

FALL MAJOR FEST: Are you undecided on a major? If so, please attend the Fall Major Fest on **Monday, October 8**, 11 a.m. to 2 p.m., in the Student Center Ballroom. You'll have the opportunity to meet with faculty and staff in various academic departments, win prizes, and receive LBC credit. The event is sponsored by the University Advising and Career Development Center. For further information, please contact Christen Lesko at clesko@emich.edu or call 487-0400.

Arts and Entertainment

Tiesto: CLUB LIFE COLLEGE INVASION TOUR BRINGS DJ TO CONVOCATION CENTER: Tiesto: Club Life College Invasion Tour brings the world's biggest DJ for a return engagement to the EMU Convocation Center **Thursday, Oct. 11**. Tickets can be purchased online at emutix.com or call 487-2282. Tickets are \$40 for the Main Floor and \$30 for the Lower Bowl. Students can purchase the lower bowl tickets at a student rate of \$20 in person at any EMU ticket office. For more information go to the [convocation website](#) or visit the [convocation center facebook page](#).

YELAWOLF: SLUMERICAN TOUR AT PEASE AUDITORIUM: Yelawolf: Slumerican Tour featuring special guests Rittz, Trouble Andrew, Dj Vajra will be coming to Pease Auditorium, **Saturday, Oct. 27**. Tickets are \$20 and can be purchase online at emutix.com, by phone at 487-2282 or in person at any of the EMU ticket office locations. For more information go to the [convocation website](#) or visit the [convocation center facebook page](#).

MATISYAHU COMING TO PEASE AUDITORIUM: Grammy nominated artist Matisyahu will be coming to Pease Auditorium, **Thursday, Nov. 8**. Doors open at 6:30 p.m. with a 7:30 p.m. show. Tickets are available at emutix.com or by phone 487-2282. As one of America's most successful touring artists, Matisyahu has spent the summer months co-headlining with the Dirty Heads and making stops in over 50 cities to support his fourth studio album *Spark Seeker*, which was released to rave reviews. *Spark Seeker* debuted at No. 19 on the Billboard 200 chart, No.1 on the Reggae Chart, No.3 on the Independent Album Chart and No. 7 on the Digital Album

Chart. Also garnering well-deserved acclaim is album track, "Live Like a Warrior" which sat at No.1 on the Reggae Single Chart and "Sunshine" at No. 2 during *Spark Seeker's* release week.

THE NIGHT 89X STOLE CHRISTMAS: Featuring The Killers along with Tegan and Sara, **Thursday, Dec. 20**, with doors opening at 7 p.m. and the show at 8 p.m., at the EMU Convocation Center. Tickets range from \$32.50-\$59.50. Tickets will be available online at emutix.com, by phone at 487-2282 or in person at any of the EMU ticket office locations. For more information go to the [convocation website](#) or visit the [convocation center facebook page](#).

Athletics

EMU EAGLES FOOTBALL SCHEDULE: Show your support for the EMU Eagles and attend one or all of the football games. Below are the home and away games or click on [2012 football season](#). For ticket pricing and/or to purchase tickets, go to [2012 Football Tickets](#).

- Oct. 6, Kent State, 1 p.m.
- Oct. 13, Toledo, 1 p.m.
- Oct. 20, Army, 1 p.m.
- Oct. 27 (at Bowling Green), 3:30 p.m.
- Nov. 1 (at Ohio), 6 p.m.
- Nov. 10, Central Michigan, 1 p.m.
- Nov. 17 (at Western Michigan), 2 p.m.
- Nov. 23, Northern Illinois, TBA
- Nov. 30, vs. MAC Championship

FALL FITNESS CLASSES AT THE REC/IM: The 2012 Fall Group Fitness Program classes have started and run through **Friday, Oct. 26**. Check out some of the new classes added for this Fall:

- **Total Body Conditioning:** This is a cross-fit inspired class that will incorporate elements of power, strength, endurance and agility by utilizing high intensity training mixed with dynamic body movements. This class is designed to burn fat while building muscle, increase strength while improving endurance, and develop power while increasing agility.
- **Everything Cardio:** Designed to energize the body system, burn fat, increase endurance, and focus on the complete body fitness. Turn your boring elliptical workout into a challenging, specific, and self-motivating routine that you will be able to carry with you beyond the class.

- **TRX/Kettlebell:** This class combines the best of both kettlebell and TRX classes in a terrific, functional and powerful class. It's perfect for those on the fast track to reaching their health and fitness goals. This is the ultimate class for extreme all-round fitness.
- **Spin & Sculpt:** Start with an intense cardio blast on the spinning bikes simulating a real-life road course up and down hills, over jumps and through speed intervals followed by targeted strength training routine off the bike designed to “burn and sculpt”.

Drop-in day pass (only \$10) or sign up for an all-access pass for \$75 for seven weeks. For more information, call the Rec/IM at 487-1338 or go to [all fitness programs](#). Programs are offered through [b.young b.fit](#).

Reminders

UPDATED BUILDING ENERGY REPORTS: Want to know how much energy your dorm used last month? How about how much it cost to power your favorite classroom building? Check out the [monthly building energy reports](#) for each building on campus, then, try to do your part by helping to conserve energy everywhere you go.

MY.EMICH ELECTRONIC PERSONNEL ACTION FORM LABS: My.Emich Electronic Personnel Action Form (EPAF) Labs will be held twice weekly for anyone who needs assistance entering and approving graduate and hourly student personnel actions. EPAF is a new paperless process that manages personnel actions (e.g. new hire, rehire, change, terminate). Bring your graduate and hourly student personnel paperwork with you to one of these labs where there will be subject matter experts available to walk you through the data entry and approval processes. Visit <http://www.emich.edu/calendar/#conferences-workshops> for a list of "My.Emich Personnel Action Forms (EPAF) Lab" dates, times, and locations. For more information, contact Kathy Robertson at 487-2666 or email krobertso1@emich.edu.

YOUTH INSTRUCTORS NEEDED FOR AFTER SCHOOL PROGRAMS: The EMU Bright Futures Program is a 21st Century Community Learning Centers program for students in grades 2-12 in several local school districts (Wayne-Westland, Romulus, Willow Run, and Ypsilanti) is seeking qualified candidates to work with all grade levels. Program times vary depending on site but run after school between the hours of 2 - 7p.m., Monday - Thursday. The job involves forming positive relationships with students, helping with homework, planning/running academic activities (math & writing), and planning and leading various clubs/activities. At this time, our high school programs have a strong need for instructors whom can lead sports and outdoor activities. (High School programs run from 2 - 5 p.m). The overall goal of the program is to provide students with positive after school activities and to improve academic skills and

experiences in school.

This is a great opportunity for someone who has an interest in working with youth. You must be a self-starter and have a passion for working with students. This is a high-energy program and ideal candidates will reflect the same. Experience working with youth is **REQUIRED**. Some formal teacher training is preferred.

Important Notes:

- Location: Wayne-Westland and Romulus Schools
- We prefer candidates who are available to work every day, Monday - Thursday, ten hours per week.
- Compensation is \$8.00 - \$10.00 per hour depending on experience and education.

If interested, please send an email to Melissa Calabrese at MCalabr2@emich.edu with your resume attached. Please identify the days, times, grade level, and location you prefer.

FREE TUTORING HELP WITH ENGLISH AVAILABLE: The International Students Resource Center (ISRC) is now offering one-on-one tutoring for EMU international students who need extra help with their English language skills. The ISRC is open Mondays from 11 a.m. to 4 p.m., Tuesdays and Thursdays from 10 a.m. to 4 p.m., Wednesdays from 11 a.m. to 3 p.m., and Fridays from 10 a.m. to 3 p.m. The ISRC is located in Room 200, Alexander. For more information, or to schedule an appointment, e-mail esl@emich.edu or call 487-0370.

DO YOU LOVE TO COOK?: The EMU Children's Institute cookbook is now available and filled with over 140 recipes contributed by families and staff. The cookbook is \$10.00 (spiral bound) and \$5.00 for the CD (cash or check) with proceeds going to the Family Scholarship Fund. Stop by the Children's Institute, 1055 Cornell, Suite 101, Fletcher between 8 a.m. to 5 p.m. or contact Tracey Buhinicek at 487-2348, or email at tuhinice@emich.edu. Try a new recipe and help a child.

START YOUR OWN BUSINESS CLASS FOR VETERANS: The Michigan Small Business & Technology Development Center (MI-SBTDC) and Eastern Michigan University want to help veterans seeking to start their own businesses by offering a veteran-specific New Venture program for free starting **Saturday, Oct. 13**, at the EMU Livonia campus. The New Venture class normally costs \$700 per participant. Working in conjunction with VetBizCentral, the New Venture program will be aimed at aspiring and early stage entrepreneurs through the 10-week business development class featuring the nationally acclaimed New Venture curriculum. This program helps entrepreneurs evaluate business opportunities and develop an action plan for

owning their own business. To apply, go to <http://survey.constantcontact.com/survey/a07e66geq0uh4zt6g5w/start> or call 487-0355. (10/12)

MCNAIR SCHOLARS PROGRAM SEEKS EMU STUDENTS: The EMU McNair Scholars Program prepares high-achieving undergraduates from first-generation, low-income and traditionally underrepresented families for admission to and success in doctoral studies. We are seeking sophomore and juniors with a minimum 3.0 GPA to receive individual advising, financial support and the opportunity to engage in mentored research experiences. Please send us the name of students who might benefit from McNair services. Contact Heather Neff at heather.neff@emich.edu or call 487-8240 for more information.

WIP GRANT APPLICATIONS DEADLINE OCT. 7: Women in Philanthropy at EMU will be accepting grant applications through **Sunday, Oct. 7** for the 2012 grant year. Applications must be submitted by using the online template found on the [WIP-EMU grant guidelines homepage website](#). For further assistance, call Laura Thomas of the EMU Foundation at 481-2323.

FACULTY RESEARCH RESOURCE COMMITTEE OFFERS HELP: The Faculty Research Resource Committee within the College of Business is pleased to offer the services of John Waltman to help prepare articles and presentations for final submission to journals or scholarly conferences. The committee will underwrite the costs of the editing assistance. Waltman will edit and review final versions of articles as well as proposals for conference papers. His efforts will focus on style and grammar as well as bibliographic format checking. The editing services are available now. If you are interested in these services, contact Waltman at jwaltman@emich.edu or call 517-423-7278.

Scholarships

LATINO ALUMNI SCHOLARSHIPS: The EMU chapter of the Latino Alumni Association is now accepting scholarships applications for the Roy Casanova and Carlos "El Jefe" Falcon scholarships. The deadline for submission is **Sunday, Sept. 30**. Winners of the scholarships must attend the "Dia De La Raza" meeting on Friday, Oct. 12, at 5 p.m. For applications, please e-mail the Center for Multicultural Affairs at cma.dci@emich.edu. All applications must be submitted electronically to jesus.m.solis@gmail.com.

SEARCH SCHOLARSHIP OPPORTUNITIES: To find out about current scholarship opportunities, go to [search scholarships](#).

On this day...

On this day in 1957, nine African-American students, the Little Rock Nine, made history when they successfully challenged segregation by entering all-white Central High School in Little Rock, Arkansas, while under the protection of soldiers.

Quote:

"The main dangers in this life are the people who want to change everything - or nothing." -
Nancy Astor

Fact:

For the first time in U.S. history, a debate between major party presidential candidates aired on television. The presidential hopefuls, Sen. John F. Kennedy (D-Mass.) and Vice President Richard M. Nixon, met in a Chicago studio to start off the first of four debates by discussing domestic matters. Less than three weeks later, on Nov. 8, 1960, Kennedy won 49.7 percent of the popular vote in one of the closest presidential elections in U.S. history, surpassing by a fraction, the 49.6 percent received by Nixon.