

Fall 10-10-2012

## EMU Today, October 10, 2012

Eastern Michigan University

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Wednesday, October 10, 2012

## **SPECIAL NOTICES:**

**BLUE CROSS BLUE SHIELD AND BLUE CARE NETWORK EDUCATIONAL SESSIONS AND OPEN ENROLLMENT SCHEDULE:** Starting January 1, 2013, health care options for several employee groups will be modified and expanded. An education session with BCBS to inform Administrative Professional (AP), Administrative Hourly (AH), Athletics Coaches (AC), Campus Police (CP), Clerical Secretarial (CS), Confidential Clericals (CC), and Faculty (FA) about their new health care options will be held **Wednesday, October 10**, from 9 - 11:30 a.m. and again at 1 - 3:30 p.m., in the Welch Hall Regents board room. **Open enrollment for the new health care options will take place October 15 - November 2, 2012.**

This session will cover the new health care plans during one extended session. The primary focus of this will include:

- **PPO**
- **Health Savings Account (HSA) Eligible PPO**
- **Blue Care Network (BCN) HMO**
- **BCBS Pharmacy Initiatives**

Information regarding additional education and Q & A sessions and open enrollment is forthcoming. If you have any questions, please feel free to contact the Benefits Office at 487-3195 or email at [hr\\_benefits@emich.edu](mailto:hr_benefits@emich.edu).

**UNITED WAY PLEDGE DRIVE:** EMU has a great tradition of supporting this community and United Way is a part of that tradition. Please help us reach this year's goal of \$100,000. There are six focus areas the campaign helps: early childhood care and education, school-aged youth, hunger relief, homelessness and housing, senior assistance and safety-net health. There are 3 ways you can make a donation:

- Express Link: <http://uwwc.unitedwaypledge.org/epledge/emuquick>
- Traditional Link: <http://uwwc.unitedwaypledge.org/>. User ID is your emich email address, password is "liveunited." Then, you will be asked to change your password.
- Paper donations are also an option. Please see your United Way department representative or contact this year's chair, Kevin Kucera, associate VP of enrollment management, or Linda Moore, coordinator at 487-8892 or email at [lmoore14@emich.edu](mailto:lmoore14@emich.edu).

CYBER SECURITY TIP OF THE DAY: October is Cyber Security Awareness Month. For more cyber security awareness tips and information, go to [SANS Security Awareness Tip of the Day](#). Today's tip.

- If you're not sure it's a security incident, report it anyway. Most IT folks would rather hear about a potential problem before it happens instead of trying to figure it out while troubleshooting a system failure. If a phone call from "User Support" doesn't sound quite right, if an email announcement asks for your username and password or if a caller on the phone is too stressed to remember his or her password — don't be pressured and don't be rushed. Rush and pressure are among the "social engineering" hacker's best tools. Ask for help! Call your supervisor or call the Help Desk for assistance.

\* PHYSICAL PLANT KEY OFFICE HAS MOVED: The Key office has moved to Central Operations. The key office is located on the 1<sup>st</sup> floor of the Parking Structure just of Oakwood. The hours remain the same from Monday - Friday 8 a.m. - 5 p.m. and is closed for lunch. At times there will be meetings that the key office must attend. There will be notification stating that the office will be closed and when it will reopen.

Physical Plant Key Information - The Physical Plant is a fast pace growing Department. We are consistently updating our website. Please visit and get acquainted with the many things we do for you all over campus. We would like you to visit our frequently asked questions. Where do I obtain a key, transfer or clearance form? Is a lock change the same as re-keying a lock? What is the procedure for re-keying? What do I do to report a lost key(s)? Please log onto our website and download the updated key form. This has the updated fax number on the form. Also, did you know you have 30 days to pick up your key(s) when notified? After the 30<sup>th</sup> day if not picked up the key will be recycled and your department will be billed \$25.00 per key. These are just a few of many questions we receive daily. It is important to keep up with the policy and procedure of the keys/lock changes and re-keying. Any questions please contact Kaye Tobias at 487-2494 or email at [Kstachlew@emich.edu](mailto:Kstachlew@emich.edu).

**BLOOD DRIVE AT MCKENNY:** Carve out a new halloween tradition by giving blood. There will be a blood drive at McKenny Hall on **today, October 10**, 9 a.m - 3 p.m. Please make your appointment today: [www.redcrossblood.org](http://www.redcrossblood.org). Sponsor code: "emu." For more information contact Cathie McClure, 787-2031 or email at [mmcclure@emich.edu](mailto:mmcclure@emich.edu).

**RETIREWISE SERIES:** The RetireWise Series is a complimentary retirement education opportunity provided by EMU offering tools you need to clarify your goals and take action. The session **today, October 10**, will discuss "Creating and Protecting Wealth," from 12 p.m. - 2 p.m., in the HR Training Room 100 McKenny. For registration visit [www.metlifeplansmart.com](http://www.metlifeplansmart.com), Enter "EMU" or call 866-801-3547.

**AGING MUSLIM FAMILIES: LINKS TO THE PAST, BRIDGES TO THE FUTURE:** Join the 2012 Gerontology Program Fall Lecture **today, October 10**, 4 - 6 p.m., in the Student Center Ballroom B. This year's lecture will be presented by Kristine Ajrouch, Professor of Sociology at EMU with a panel response from Haaris Ahmed, Najah Bazy, Abdullah El-Amin, and Bedrie Hyssen. Following the lecture, a reception will be held with light hors d'oeuvres. This event is FREE, no tickets required, and is LBC-Group 3 approved. Please contact Gerontology Program Director, Andrea Zakrajsek, with any questions at [azakrajs@emich.edu](mailto:azakrajs@emich.edu) or call 487-3220.

**BOREN AWARDS PRESENTATION AND WORKSHOP:** Come meet Leah Mason of the Boren Award organization, **today, October 10**, at 5 p.m., in Starkweather Hall. Boren Awards are prestigious, government-funded scholarships for study abroad for a semester or year in a range of countries deemed important for our nation where their languages tend to be less commonly studied. More information can be found at [www.borenawards.org](http://www.borenawards.org). Additional programs funded through Boren are Science, Technology, Engineering and Math (STEM) summer programs and a special category for African Languages. You do not need previous experience in studying any of the languages on Boren's lists. Mason will discuss more about the program and how to maximize your application. Rebecca Sipe, Director of the Honors Program and Stephen Burwood, Director of International Studies are EMU's Boren campus representatives and will mentor EMU applicants through the process.

**FORUM ON STATEWIDE BALLOT INITIATIVES:** Plan to attend this informative forum **tonight, October 10**, at 5:30 p.m. and learn more about Proposal 5 (require 2/3 vote by legislature to raise taxes) or at 6:30 p.m. to hear about Proposal 4 (establish Michigan Quality Home Care Council and provide collective bargaining), both in Halle Library Auditorium. Each forum will last approximately 50 minutes and representatives of the "vote yes" and "vote no" campaigns will address the audience and answer questions. Each forum will be moderated by Leigh Greden, EMU's executive director of government and community relations. Students may earn Learning Beyond The Classroom (LBC) credit for attending at least two of forums. Please contact Leigh Greden at [lgreden@emich.edu](mailto:lgreden@emich.edu) if you would like additional information.

**SUBMISSIONS TO EMU TODAY:** To submit an announcement or post an event to **EMU TODAY**, please forward your entry electronically to [emu\\_today@emich.edu](mailto:emu_today@emich.edu). Please be sure to format your entry using the EMU TODAY style and include a contact name, phone number and/or an e-mail address. Please note - EMU TODAY is sent to faculty and staff (not students). For questions, contact Debra Johnson at 487-2484.

**NOTE: Asterisk denote new items.**

## **Lectures and Meetings**

**STAR LECTURE SERIES:** Please join the Honors College and the College of Arts and Sciences for the 2nd Star Lecture Series of the year "If We Can, Should We? Ethics and Science" to be offered by Dr. Harriet Lindsay, **Tuesday, October 16**, 7 - 8:30 p.m., in the Halle Auditorium. In this discussion, Dr. Lindsay will explore specific details about a recent scientific discovery that raised national security issues, and she will engage the audience in considering the larger question of pursuing knowledge that may have dangerous implications. All faculty and students are invited. Both Honors Experience and LBC credit are available.

## **Seminars and Workshops**

**FACULTY DEVELOPMENT CENTER FALL WORKSHOPS:** There are several events offered by the FDC. To see a complete list of events, go to [FDC Events](#) or contact Kelly Frisch at 487-0020, ext. 2112 or email at [aavp\\_fdc@emich.edu](mailto:aavp_fdc@emich.edu) for additional information.

**RETIREWISE SERIES:** The RetireWise Series is a complimentary retirement education opportunity provided by EMU. It offers the tools you need to clarify your goals and take action. There will be 4 Modules offered in this program. All sessions will be 12 p.m. - 2 p.m., in the HR Training Room 100 McKenny. Please see each session for dates.

- *Module 3: Establishing Your Retirement Income Stream - Wednesday, October 17*
- *Module 4: Making the Most of What You - Wednesday, October 24*

For registration visit [www.metlifeplansmart.com](http://www.metlifeplansmart.com), Enter "EMU" or call 866-801-3547.

**OFFICE OF RESEARCH DEVELOPMENT TRAINING WORKSHOPS:** The Office of Research Development (ORD) will have the following development and training modules for faculty. For more information, go to [ORD workshops](#) or contact Margie Dargo at 487-3090 (ORD) or email at [mdargo@emich.edu](mailto:mdargo@emich.edu) to register for the workshops.

- *Identifying Funding Sources for your Project:* **Friday, October 19**, 12 - 1 p.m., at the FDC in Halle. Presented by Harriet Lindsay.
- *Building Effective Relationships with Program Officers:* **Friday, November 2**, 12 - 1 p.m., at the FDC in Halle. Presented by Harriet Lindsay.
- *Involving Undergraduates in your Research:* **Friday, November 9**, 12 - 1 p.m., at the FDC in Halle. Presented by Harriet Lindsay.
- *Technology Transfer at EMU:* **Friday, November 30**, 12 - 1 p.m., 2nd floor in Starkweather. Presented by Phil Rufe.
- *Developing the Grant Budget:* **Friday, December 7**, 12 - 1 p.m., 2nd floor in Starkweather. Presented by Susan Campbell.

**SPECIAL WORKSHOP ON GRANT BUDGETING:** The Office of Research Development will offer a workshop focusing on grant budgets for faculty, principal investigators, project directors and new department heads, **Tuesday, October 23** and **Tuesday, November 7**, 1 - 3 p.m., Room G07C, Halle Library. The workshop will cover how to manage a grant budget using My.Emich budget queries and the BEO reporting system. Attendees will learn how to query for available balance and transaction detail, and how to monitor payroll with the Labor Distribution report. For more information, click on [training session and registration](#).

WELL-BEING EDUCATIONAL SERIES FOR FACULTY & STAFF: The EMU Benefits Office is pleased to offer the Ceridian Emotional Well-Being Education Series. Join them for the following Lunch & Learn sessions which are currently available for registration. Please call the Benefits Office at 487-3195 to register for one or all of the sessions.

*"Silencing the Inner Critic: Building Self-Esteem,"* - **Tuesday, November 6**, 12 - 1 p.m., HR Training Suite (100 McKenny). Many people are their own toughest critic. But being too hard on yourself can be damaging to your self-esteem. This seminar offers strategies for tempering the messages that your inner critic gives you. As a participant in this seminar, you will be able to:

- Define & identify sources of adult self-esteem
- Make the connection between irrational thinking and low self-esteem
- Learn how to interpret comments of your inner critic
- Learn strategies for controlling the critic and enhancing self-esteem
- Create a personal plan for developing positive self-esteem

*"Understanding the Difference Between Depression and the "Blues,"* - **Thursday, November 15**, 12 - 1 p.m., HR Training Suite (100 McKenny). Everyone feels a little down from time to time, especially when dealing with tough life events. But there's a difference between feeling "blue" or "down in the dumps" and experiencing a clinical depressive disorder. If the sad feelings continue for a prolonged period of time and interfere with enjoyment of life, it could be depression. Participants will learn to:

- Recognize the myths about depression
- Clarify the difference between depressive disorders and the "blues"
- Define depression and the various types
- Identify the symptoms, causes, evaluation components, and treatments for depression
- Learn ways to cope with depression and support a family member or friend who is depressed

## **Activities and Events**

\* ARRIVE ALIVE TOUR: The EMU Wellness Center is bringing the *Arrive Alive Tour* to EMU **Monday, October 15**, 12 - 6 p.m., at the Student Center entrance. This interactive program addresses the topic of distracted driving: including texting and drunk driving. The Arrive Alive Tour utilizes a high-tech simulator, impact video and other educational resources to connect with students. This program is free to all who participate. If you have questions, contact Eric Ward, at 487-2226 or email at [eward1@emich.edu](mailto:eward1@emich.edu).

**RETIREMENT RECEPTION FOR JIM STREETER:** The campus community is invited to give their best wishes to Jim Streeter, associate athletic director for media relations, at a retirement reception **Thursday, October 18**, 1:30 - 3:30 p.m., Room 300, in the EMU Student Center. There will be a short presentation starting at 2 p.m. After nearly four decades of directing the publicity efforts for EMU Athletics, he is retiring from his post effective Oct. 19. An icon of the media relations world, Streeter is the longest tenured Division I sports information director in the state and the dean of Mid-American Conference SIDs. A native of Albion, MI, Streeter is currently in his 39th year with the EMU Athletic media relations office, with 37 of them as the director.

**MBA INFORMATION SESSION:** Join the College of Business for a MBA information session to learn about the MBA programs at EMU, curriculum, flexibility, admission, success stories, financial aid/scholarship options and much more, **Thursday, October 18**, 5:30 p.m., Room 201, at the College of Business. Please RSVP to attend the event by clicking [Sign up for MBA Information Session](#). For questions, please contact Beste Windes at [bwindes@emich.edu](mailto:bwindes@emich.edu) or call 487-4444.

**EMU CHAPTER OF PHI BETA DELTA HOLDING ANNUAL MEETING:** The Eta Sigma EMU chapter of Phi Beta Delta will hold its annual business meeting **Friday, October 19**, 9:30 am, in 420 Pray-Harold. This is an international organization of faculty, staff, and students who share an interest in international activities. The annual election of officers will take place at this meeting, as well as a discussion of our involvement in the activities of International Week in November and the recruitment of new members. For further information, please contact Marilyn Wedenoja from Social Work at [mwedenoja@emich.edu](mailto:mwedenoja@emich.edu) or call 734-355-1364.

## Arts and Entertainment

EMU THEATRE PRESENTS "MERCHANT OF VENICE": EMU's theatre opens their 2012-2013 mainstage season with Shakespeare's "The Merchant of Venice," one of William Shakespeare's most popular yet controversial comedies, that runs **Thursday, October 19 through Sunday, October 28**. All performances will take place in the Quirk Theatre in the Quirk Dramatic Arts Building located at the intersection of East Circle Drive and Best Hall on EMU's Ypsilanti Campus. Ticket prices are \$15 regular admission, \$12 for students and seniors, \$9 for mainstage patrons, no further discounts apply. Tickets are available by phone at 487-2282, in person at the Convocation Center ticket office, the Student Center ticket office or the Quirk Box Office. To purchase tickets online visit: [www.emutix.com](http://www.emutix.com). Please note that additional fees apply for tickets purchased online or by phone.

For more information about EMU Theatre, our season and directions to our theatres visit [www.emich.edu/emutheatre](http://www.emich.edu/emutheatre) or, fan us on Facebook: Eastern Michigan University Theatre or follow us on Twitter: emutheatre.

YELAWOLF: SLUMERICAN TOUR AT PEASE AUDITORIUM: Yelawolf: Slumerican Tour featuring special guests Ritz, Trouble Andrew, Dj Vajra will be coming to Pease Auditorium, **Saturday, October 27**. Tickets are \$20 and can be purchase online at [emutix.com](http://emutix.com), by phone at 487-2282 or in person at any of the EMU ticket office locations. For more information go to the [convocation website](#) or visit the [convocation center facebook page](#).

MATISYAHU COMING TO PEASE AUDITORIUM: Grammy nominated artist Matisyahu will be coming to Pease Auditorium, **Thursday, November 8**. Doors open at 6:30 p.m. with a 7:30 p.m. show. Tickets are available at [emutix.com](http://emutix.com) or by phone 487-2282. As one of America's most successful touring artists, Matisyahu has spent the summer months co-headlining with the Dirty Heads and making stops in over 50 cities to support his fourth studio album *Spark Seeker*, which was released to rave reviews. *Spark Seeker* debuted at No. 19 on the Billboard 200 chart, No.1 on the Reggae Chart, No.3 on the Independent Album Chart and No. 7 on the Digital Album Chart. Also garnering well-deserved acclaim is album track, "Live Like a Warrior" which sat at No.1 on the Reggae Single Chart and "Sunshine" at No. 2 during *Spark Seeker's* release week.

THE NIGHT 89X STOLE CHRISTMAS: Featuring The Killers along with Tegan and Sara, **Thursday, December 20**, with doors opening at 7 p.m. and the show at 8 p.m., at the EMU Convocation Center. Tickets range from \$32.50-\$59.50. Tickets will be available online at [emutix.com](http://emutix.com), by phone at 487-2282 or in person at any of the EMU ticket office locations. For more information go to the [convocation website](#) or visit the [convocation center facebook page](#).

**TIESTO: CLUB LIFE COLLEGE INVASION TOUR BRINGS DJ TO CONVOCATION CENTER:** Tiesto: Club Life College Invasion Tour brings the world's biggest DJ for a return engagement to the EMU Convocation Center, **Wednesday, February 27**. Tickets can be purchased online at [emutix.com](http://emutix.com) or call 487-2282. Tickets are \$40 for the Main Floor and \$30 for the Lower Bowl. Students can purchase the lower bowl tickets at a student rate of \$20 in person at any EMU ticket office. For more information go to the [convocation website](#) or visit the [convocation center facebook page](#).

## **Athletics**

**EMU EAGLES FOOTBALL SCHEDULE:** Show your support for the EMU Eagles and attend one or all of the football games. Below are the home and away games or click on [2012 football season](#). For ticket pricing and/or to purchase tickets, go to [2012 Football Tickets](#).

- Oct. 13, Toledo, 1 p.m.
- Oct. 20, Army, 1 p.m.
- Oct. 27 (at Bowling Green), 3:30 p.m.
- Nov. 1 (at Ohio), 6 p.m.
- Nov. 10, Central Michigan, 1 p.m.
- Nov. 17 (at Western Michigan), 2 p.m.
- Nov. 23, Northern Illinois, TBA
- Nov. 30, vs. MAC Championship

**FALL FITNESS CLASSES AT THE REC/IM:** The 2012 Fall Group Fitness Program classes have started and run through **Friday, Oct. 26**. Check out some of the new classes added for this Fall:

- **Total Body Conditioning:** This is a cross-fit inspired class that will incorporate elements of power, strength, endurance and agility by utilizing high intensity training mixed with dynamic body movements. This class is designed to burn fat while building muscle, increase strength while improving endurance, and develop power while increasing agility.
- **Everything Cardio:** Designed to energize the body system, burn fat, increase endurance, and focus on the complete body fitness. Turn your boring elliptical workout into a challenging, specific, and self-motivating routine that you will be able to carry with you beyond the class.
- **TRX/Kettlebell:** This class combines the best of both kettlebell and TRX classes in a terrific, functional and powerful class. It's perfect for those on the fast track to reaching their health and fitness goals. This is the ultimate class for extreme all-round fitness.

- **Spin & Sculpt:** Start with an intense cardio blast on the spinning bikes simulating a real-life road course up and down hills, over jumps and through speed intervals followed by targeted strength training routine off the bike designed to “burn and sculpt”.

Drop-in day pass (only \$10) or sign up for an all-access pass for \$75 for seven weeks. For more information, call the Rec/IM at 487-1338 or go to [all fitness programs](#). Programs are offered through [b.young b.fit](#).

## Reminders

**NEW EVENTS CALENDAR ON EMU WEBSITE:** Would you like to post an event or happening around campus? A new events calendar has been developed by Integrated Content. The "template" is easy to use and gives any user with a My.emich username and password the ability to submit and manage an event. All events are subject to approval. To submit an event, go to the EMU website, click on "calendars," click the green button labeled "Submit an Event" (located on the bottom left) and enter your event information. If you need help or have questions, please contact Debra Johnson at [djohn144@emich.edu](mailto:djohn144@emich.edu) or call 487-2484.

**DEPARTMENT DIRECTORY UPDATES:** If your Department Directory listing is not accurate, please send the updated information to: [dept\\_directory@emich.edu](mailto:dept_directory@emich.edu). For questions, contact Debra Burke at 487-6895 or by e-mail at [dburke15@emich.edu](mailto:dburke15@emich.edu). Please note that personal directory listings are populated by Banner and you will need to contact Academic HR or Staff HR to update personal listings.

**DO YOU LOVE TO COOK?:** The EMU Children's Institute cookbook is now available and filled with over 140 recipes contributed by families and staff. The cookbook is \$10.00 (spiral bound) and \$5.00 for the CD (cash or check ) with proceeds going to the Family Scholarship Fund. Stop by the Children's Institute, 1055 Cornell, Suite 101, Fletcher between 8 a.m. to 5 p.m. or contact Tracey Buhinicek at 487-2348, or email at [tbuhinice@emich.edu](mailto:tbuhinice@emich.edu). Try a new recipe and help a child.

## Scholarships

**CONTINUING EDUCATION SCHOLARSHIPS:** The office of Extended Programs and Educational Outreach (EPEO) is now accepting scholarship applications for six Winter 2013 CE Scholarship awards. The deadline for submission is **Thursday, November 1**. Only students enrolled in a program offered at EMU regional sites or EMU-Online are eligible. For additional information and to find the online scholarship application form, go to the [Extended Programs and Educational Outreach homepage](#). Contact Kathy Graham at [kgraham@emich.edu](mailto:kgraham@emich.edu) or call 487-0427 if you have any questions.

**SEARCH SCHOLARSHIP OPPORTUNITIES:** To find out about current scholarship opportunities, go to [search scholarships](#).

On this day...

On this day in 1845 - The United States Naval Academy opened in Annapolis, Maryland.

Quote:

"Goodwill is the mightiest practical force in the universe." **Charles F. Dole**

Fact:

Michigan has around 150 lighthouses, the most of any U.S. state. The first lighthouses in Michigan were built between 1818 and 1822. They were built to project light at night and to serve as a landmark during the day to safely guide the passenger ships and freighters traveling the Great Lakes. See Lighthouses in the United States.